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## **FOR IMMEDIATE RELEASE**

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### **TCHC restricts visitors due to influenza activity**

**WADENA, Minn. – Dec. 29, 2017** – Due to rising reports of local influenza activity, Tri-County Health Care is restricting visitors to immediate family older than 18, effective Friday, Dec. 29, at 3 p.m. until further notice. The restriction is a precautionary measure to protect patients and local communities from the spread of the virus.

“We at Tri-County have a responsibility to protect our patients and communities from preventable illnesses like influenza,” said Ben Hess, M.D., Tri-County chief medical officer. “This restriction will help us continue to keep everyone safe and healthy.”

Tri-County Health Care thanks the public for its patience and continued diligence in preventing the spread of influenza. Prevention methods include receiving the influenza vaccine, frequently washing your hands and covering coughs and sneezes in your elbow.

Tri-County will continue to monitor this activity daily and will inform the public of any changes.

#### **ABOUT TRI-COUNTY HEALTH CARE**

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as six satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Henning, Bertha, Ottertail, Sebeka, Verndale and Baxter. Visit [TCHC.org](http://TCHC.org).

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