

# WEEKLY MENU

Fresh Fruits and Vegetables  
Always Available



Breakfast served 7 - 10 a.m.  
Lunch served 11:30 a.m. - 1:15 p.m.  
Supper served 5 - 6:30 p.m.



## Monday, September 26

**Breakfast** – Oatmeal, Scrambled Egg/Cheese, Sausage Links, Hash brown patty, Scone

**Lunch** – Beef Stew, Biscuit, Sandwich Bar, Mashed Potatoes, Peas, Cauliflower

**Supper** – Chicken Wild Rice Soup, BBQ Beef/Bun, French Fries, Carrots

**Cookie of the Day:** Chocolate Chip Cookie

## Tuesday, September 27

**Breakfast** – CoCo Wheats, Bacon & Egg Scramble, Raspberry Cream Cheese Croissant

**Lunch** – Chicken Noodle Soup, Spaghetti with Meat Sauce, Breadstick, Pecan Tilapia, Mashed Potatoes, Broccoli, Green beans

**Supper** – Hot Ham & Cheese, Chicken Nuggets, Hash Brown Patty, Mixed Vegetables

**Cookie of the Day:** Monster Cookie

## Wednesday, September 28

**Breakfast** – Oatmeal, Hard Boiled Eggs, Sausage Link, Pancake

**Lunch** – Tomato Basil Soup, Grilled Club Sandwich, Strawberry Fields Salad, Mashed Potato, Corn, Mixed Vegetables

**Supper** – Cheeseburger/Bun, French Fries, Baked potato, Broccoli, Cheese Sauce

**Cookie of the Day:** Molasses Cookie

## Thursday, September 29

**Breakfast** – Cream of Wheat, Scrambled Egg/Cheese, Muffin

**Lunch** – Vegetable Beef Soup, Cheesy Chicken Penne, Bread Stick, Salmon burger/Bun, Mashed Potatoes, Carrots, Beets

**Supper** –Pork Roast, Breaded Haddock, Mashed Potatoes/Gravy, Peas

**Cookie of the Day:** Cowboy Cookie

## Friday, September 30

**Breakfast** – Oatmeal, Hard Boiled Eggs, Sausage Links, Breakfast Bread

**Lunch** – Potato Bacon Soup, Roast Beef/Onion/Bun, Cashew Chicken Salad, Mashed Potatoes/Gravy, Malibu Blend Vegetables, Sweet Potatoes

**Supper** – Sweet & Sour Chicken, Sausage Gravy over Biscuits, White Rice, Cauliflower

**Cookie of the Day:** Chocolate Chip Cookie

## Saturday, October 1

**Lunch** – Cooks Choice

## Sunday, October 2

**Lunch** – Cooks Choice