
FOR IMMEDIATE RELEASE - REVISED

Tri-County Health Care to host flu clinics

WADENA, Minn. – Sept. 20, 2018 – Flu season is almost here. In preparation for this season, Tri-County Health Care will host a flu clinic at each of its six rural clinics to administer the influenza vaccine.

According to the Centers for Disease Control and Prevention, influenza is a contagious respiratory illness caused by a virus. Severity of the illness ranges from mild to severe. Older individuals, children and those with certain health conditions are most at risk for complications. The best way to prevent the spread of influenza is to receive the flu vaccination.

Tri-County's flu clinics will be held on the following dates:

- Wadena – Tuesday, Oct. 9; Wednesday, Oct. 17 – 7 a.m. to 7 p.m.
- Sebeka – Wednesday, Oct. 10 – 9 a.m. to 4 p.m.
- Verndale – Thursday, Oct. 11 – 9 a.m. to 4 p.m.
- Ottertail – Monday, Oct. 15 – 9 a.m. to 4 p.m.
- Bertha – Tuesday, Oct. 16 – 9 a.m. to 4 p.m.
- Henning – Thursday, Oct. 18 – 8 a.m. to 5 p.m.

Pre-registration is encouraged by calling the clinic of your choice. Visit TCHC.org for more information.

ABOUT TRI-COUNTY HEALTH CARE

Tri-County Health Care is a private, not-for-profit health care system located in Wadena, Minnesota. It offers care services such as minimally invasive surgery, cancer care, diagnostic imaging, obstetrics and rehabilitation. Tri-County operates a 25-bed hospital and medical clinic in Wadena, as well as six satellite clinics and three physical therapy clinics across Todd, Wadena and Otter Tail counties. Satellite clinic locations include Henning, Bertha, Ottertail, Sebeka, Verndale and Baxter. Visit TCHC.org.

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