

Bertha Area Wellness Center



What you need to know:

1. All equipment must be disinfected before and after workouts.
2. Disinfect remotes before and after use.
3. Members are encouraged to wear masks.
4. If members feel unwell at anytime during their workout, please mask and immediately leave the facility after disinfecting the equipment you were using.
5. Self-screening for COVID-19 symptoms is recommended, if you have those symptoms please do not come to the wellness center.
6. Only one member per blue square.
7. Only 7 people in the wellness center at a time.
8. Water fountain is not accessible.
9. Please hand sanitize upon entry and exit.
10. No children 12 or under are allowed in the wellness center.

If you have questions or would like to discuss the Bertha Area Wellness Center plan, please contact me, Samantha Adams, at 320-431-9166.